

In This Life Past Life Series 1

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Discovering Your Past Lives Gloria Chadwick 1988-09-22 "Describes how to recognize past-life memories as they arise from the subconscious mind." --Fate magazine.

Healing the Eternal Soul - Insights from Past Life and Spiritual Regression Andy Tomlinson 2012-03 A resource for those who assist others in achieving contact with the eternal part of themselves.

How To Uncover Your Past Lives Ted Andrews 2011-12-08 Have you ever experienced a feeling of déjà vu . . . or had recurring dreams of a particular place or time . . . or felt instantly close to some person? All these experiences provide clues to past lives. With How To Uncover Your Past Lives, you'll learn how knowledge of past lives can help you gain clear insight into your spiritual purpose for this lifetime. Popular author Ted Andrews teaches you how to safely and easily explore past-life memories using self-hypnosis, meditation, dowsing, fragrance, and crystals. Discover how to: Use past-life awareness as a tool for spiritual growth Recognize soul mates and their role in your life Understand the true meaning of a twin soul Let go of self-defeating behaviors and beliefs from past lives Gain insight into your life's purpose

21 Days to Master Understanding Your Past Lives Denise Linn 2011-11-07 Studies have shown it takes only 21 days for a new habit to take root. If there's a spiritual interest you've always wanted to take advantage of, the answer is only 21 days away with the 21 Days to Mastery Series. Your soul has experienced many lifetimes before manifesting in your body. Trauma and joy from past lives can reveal our unique emotional make up and explain physical ailments that trouble us today. People around the world have attested to the incredible awakening, healing and insight that can be found in a deep connection to our past selves. Travelling through the ages has never been easier with Denise Linn's guide to uncovering the truth of our lives before our births. Removing limitations in relationships, realising your future destiny and uncovering the symptoms of past-life trauma and how to relieve it are all within your hands, wherever you are. You'll soon realise the potential you're capable of by calling on your previous incarnations and creating a connection with your spirit guide. If you've ever wanted to call on your deep personal history for growth and renewal, it only takes 21 days with this fantastic guide, designed to fit into any moment.

Past Life Regression Daniel Kai 2015-04-07 Have you ever wanted to explore your past lives to help better understand the purpose of your soul's journey through eternity? Would you like to help guide your friends and relatives into a meditative state when they can recall their own hidden past life memories to help them with the very personal challenges of their current lives? If so, this book is for you. This book will help you discover the long journey of your soul - whether your most recent incarnations were in the distant, distant past or from a slightly more recent period of history. You'll discover how important events of your past life create trends and can significantly impact your current life. You'll see how people, family, and friends help create karmic resonances and causal ripples from pasts long since forgotten. Author Daniel Kai has spent years investigating past life phenomena and helping others recover their own past life memories. By popular request, he has created this book to help show you how to achieve the same amazing past life recollection results in the comfort of your own home. By the time you finish reading this book, not only will you be able to provide your own past life regression, but you will have enough information to act as a past life advisor to help others. In this book you will learn* how to use the included guided meditation script to help clients and others recover their own lost past life memories* how to distinguish between real past life memories and memories conjured by false memory syndrome* how to induce deep, deep states of relaxation in yourself and clients to begin probing the recesses of their minds* the basics of and the differences between hypnosis and guided meditations* how to hone in on specific past life memories* how tragedies and important events in past incarnations dramatically affect your current life conditions If you are even remotely curious about past lives and how to help yourself and others enter into a state of mind to recover their hidden past life memories, this book is definitely for you. I hope you enjoy this book as much as I enjoy creating it.

Awakening Past Lives John Z. Amoroso 2012-06 The experiential exercises in this book allow the reader to regress back to past lives, as well as into what the author defines as the 'energetic chain of experience' (E.C.E.). The E.C.E. includes between life, before life and perinatal (in utero) experiences as well as biographical experiences.

Journey to My Past Lives Nathalia Sunaidi 2006-10 What is past life regression? Do you believe in reincarnation? Do you believe that you were someone else? Do you have previous life before your current life? How can past life regression (PLR) guide you? Many people over the world believe they have experienced reincarnation. And those reincarnation experiences have a positive impact that can be used as part of a healing process in therapy. Many people are searching for a path and way to know more about their previous life before their present life. So, this book pretty much will guide you to answer those complex questions above. PLR-its literal definition-is a journey into past life. When you are hypnotized, you can track that period before your present life. What if you don't believe in past life regression? Even if you don't believe in reincarnation, most people believe that when we die, our soul will continue to live in a different live as a different person. Meaning that, after we die, our soul will continue to occupy a different body until that body or physical form also becomes old and an improper vessel for the soul. Maybe you read this book because you or people you know believe in a previous life. There is unique way to know your previous life through hypnotherapy. I suggest that you open your mind to this possibility and read Nathalia Sunaidi's book.

Life Without Guilt Hazel M. Denning 1998 A past-life regression therapist uses numerous case studies to show readers how to leave their guilt in the past, learn to forgive themselves, and free themselves for a more fulfilling life.

Past Life Regression Mila Anderson 2017-05-22 Past life regression therapy is built upon the idea that we're eternal beings that move from life to another in different place and time. As perpetual spirits, we come across bodily existence on Earth in a series of persona and physical bodies. On a spiritual level, we choose every lifetime as a way to learn the lessons we've to head off for ourselves. Exploring our life in the past through a therapy for apparently inexplicable physical or mental issues is known as Past Life Regression Therapy. It works together with beliefs of reincarnation and takes us back in earlier life to get a better understanding of our life we live in the present. In this book, we will tell you everything you need to know about Past Life Regression and how you can even perform it on yourself without the help of a hypnotherapist.

Children's Past Lives Carol Bowman 2012-02-01 Has your child lived before? In this fascinating, controversial, and groundbreaking book, Carol Bowman reveals overwhelming evidence of past life memories in children. Not only are such experiences real, they are far more common than most people realize. Bowman's extraordinary investigation was sparked when her young son, Chase, described his own past-life death on a Civil War battlefield--an account so accurate it was authenticated by an expert historian. Even more astonishing, Chase's chronic eczema and phobia of loud noises completely disappeared after he had the memory. Inspired by Chase's dramatic healing, Bowman compiled dozens of cases and wrote this comprehensive study to explain how very young children remember their past lives, spontaneously and naturally. In Children's Past Lives, she tells how to distinguish between a true past life memory and a fantasy, offers practical advice to parents on how to respond to a past life memory, and shows how to foster the spiritual and healing benefits of these experiences. Perhaps the most moving, convincing, and best-documented evidence yet for life after death, Children's Past Lives will stand alongside the classics of Betty J. Eadie, Raymond Moody, and Brian Weiss in its power to comfort, uplift, and transform our thinking about life after death

Past Life Dreamwork Sabine Lucas 2008-04-18 The first book to approach reincarnation from the perspective of dreams • Identifies soul bloodlines, the key to past life therapies • Combines the author's own experiences with case studies and dreamwork with empirical research • Reveals how the analyst and client are often karmically linked In Past Life Dreamwork, Sabine Lucas examines "soul bloodlines"--character traits, talents, and life issues that are the common elements and circumstances of successive past lives. Found threaded through our dreams, these bloodlines reveal the forces manifesting in this life, and, taken together, they shape individuality as well as destiny within the reincarnation cycle. Though a wealth of past life related material regularly surfaces in dreams, until now dreamwork has been largely ignored as a therapy for successfully integrating past life experiences. Using the results of 27 years of personal and professional work, Lucas explains that past life memories help us work out karma on the macro level and trauma on a micro level. She distinguishes three types of past life dreams--classic, informatory, and hybrid--and demonstrates how to distinguish these from other dreams. Her dramatic case studies illustrate the effectiveness of dream therapy in recognizing and integrating the resonant and recurrent circumstances and ethical dilemmas that are played out in the subconscious mind. These

psychologically revealing stories bear witness to how individuals are made whole through the integration of common strands of forgotten or repressed past lives. Lucas shows that the integration of past lives enriches the conscious self and also promotes universal tolerance through an understanding of the patterns of our psychic soul inheritance.

We Have Met in Past Lives Brigitte Calloway 2019-05-08 WE HAVE MET IN PAST LIVES is based on the idea that our souls are eternal and reincarnate in order to learn karmic lessons and to ultimately evolve. WE HAVE MET IN PAST LIVES focuses on several real past life regression cases, conducted under hypnosis in the author's hypnotherapy practice. Each case highlights the fact that our systems of cohabitation and interdependence recognize homogeneous soul group structures that may have coexisted in other lives; therefore it may be possible to live at the present with people we have met in past lives. WE HAVE MET IN PAST LIVES accentuates the concept of 'soul groups' that continuously reincarnate with the same group of people; each member of the group playing a different role in each lifetime, and having specific connections depending on the karmic lessons each soul has decided to accomplish.

Inside Past Life Connections Maren Muter 2021-10-03 There are many books on Past-life experiences, but rare are the books that explain how it is possible to have them. INSIDE Past-Life Connections does just that. It explains how we are connected to our life experiences, how memories are recalled, and goes on to talk about non-human past-life experiences and when we have past memories that are not necessarily our own. Wonderfully written and simple to understand, author Maren Muter takes us on several journeys showing us how past-life memories may impact our lives here. She also shares more of the story behind the Book of Buried Letters. About the author: Born naked, Maren Muter grew up on the edge of a florescent green rainforest just outside Portland, Oregon. Here she silently explored the worlds within her mind, worlds connected through geometric waves, quantum theories, and an inquisition as to how her life related to what she saw. As part of this play, she wrote her findings and buried them in glass jars from the ages 4 to 17. Not realizing the significance of the letters until forty years later when hundreds of them were unearthed. As a metaphysician, she has studied consciousness, behavior, and psychology for 30 years as an independent consultant. When asked, "What is something that has influenced your life or something that stands out to you?" She says with a smile, "The Story of Cacao and why it is so special. It shows the connections I have seen and experienced throughout my life. It shares such a beautiful message, a message of connection, of life, and how you are enough - just as you are."

Repetition Doris Eliana Cohen 2008 This fascinating book by Doris Eliana Cohen, Ph.D., was written to help us create a shift in our own consciousness as well as that of humanity. In order to heal from traumas, we unknowingly repeat the stories of our lives again and again, reliving them in different scenarios in this life as well as in other lifetimes. This repetition of our behavior patterns is neither neurotic nor pathological. It is absolutely necessary, because painful though it may be, repetition offers us multiple opportunities for facing our issues, making new choices, and healing ourselves at last. All of us have a God-given gift of free choice, although we may be unaware of it at times. Only when we acknowledge and take full responsibility for the choices we've made in our current and past lives can we begin to change our stories and end the suffering we've been causing ourselves. This material is based on Doris's 30 years of clinical experience with patients, using traditional therapy techniques combined with past-life regression therapy. It is guided and inspired by her communication with Guides and Angels of the Light, who have accompanied her for many years. Within these pages, Doris presents the 7 Steps of Rebirth, which provide a profound yet swift and simple route to change our lives and heal ourselves. Her 4 Steps of Joy offer a powerful tool for accessing the Light swiftly and easily. Remembering the events of our past lives provides a rich and fascinating tapestry of our journey, resulting in the humbling and uplifting realization that our souls are on a grand adventure. In owning our stories, we move from seeing ourselves as victims of life to empowering ourselves as co-creators of our destiny.

101 Past Life Clues Lisa Ezell 2019-05-31 Are you an old Soul? Is it possible you've lived before? Do you ever feel like home is in another country or even place in time? This book is the first of its kind, a how-to-book to learn about YOUR past lives. 101 Past Life Clues teaches you how to recall past lives while at work, school, sitting in traffic or home cooking dinner, no hypnosis required. Lisa uses real-life experiences to show how to uncover these messages for yourself. Funny, honest, a bold new approach, revealing simple steps anyone can do. Full of facts, humor, and sarcasm, not your typical spiritual book! Early reviews are calling 101 Past Life Clues, "Eye Opening! A Spiritual Trailblazer! A Divine Revolution!" This groundbreaking book uses logic and reason to prove we are repeating history. 101 Past Life Clues is based on facts, not opinions. Hypnosis and past life regressions can be scary, and unnecessary. This book shows you how to uncover past life memories, completely awake, doing everyday things at home, at work, even while out shopping! We are a culmination of all our lives combined. That's why we have different fears, likes, and dislikes. 101 Past Life Clues teaches you how to recall what your Soul remembers, even when our conscious mind does not. With over 300+ illustrations, photos, clipart, and digital scans. The first book in the Speaking Spiritual Codex series, revealing your past lives and your real purpose in life. Anyone can say they've had a previous life, what if they're making it up? The only way to know if past lives exist is to remember one of yours. The Universe is continuously sending us messages, are you ready to learn how to decode them? The belief in reincarnation is older than Christianity. After leaving her religion, Lisa was stunned by the idea of past and future lives. Almost 25 years later, Lisa has uncovered how Spirit uses synchronistic events in everyday life to remind us who we are and our Souls true purpose. 101 Past Life Clues explains how our past lives integrate into our current life. Are you ready to learn how to understand why you are, who you are? Copyright (c) speakingspiritualcodex.com - All Rights Reserved.

Beyond Past Lives Mira Kelley 2015-07-28 Understand your present with this powerful book on past lives. In this book, regressionist Mira Kelley shares the life-changing lessons she has learned from her clients to help you find support and understanding, and to empower you in your own growth. Mira teaches you how to connect with your Higher Self in any moment to receive guidance. You'll come to understand how everything around you is just a reflection of yourself, why is it important to forgive, why you have the right to love yourself, and how the Universe always supports you lovingly and unconditionally. The stories contained in these pages will help you discover how to heal your body, mind, and spirit as you learn about the nature of time, karma, destiny, and free will—as well as how each choice creates a new reality for you. As you read Beyond Past Lives, you'll see how regression has helped others shift to a reality of health and well-being, and you will be guided to achieve the same for yourself. Prepare for a powerful transformation as you experience the profound lesson of your past lives!

Doors to Past Lives & Future Lives Joe H. Slate 2011-12-08 You have the ability to access the collective wisdom of all your past life experiences. By tapping into this immense storehouse of knowledge through self-hypnosis, you will gain direction, mastery over your fears, a greater sense of self-worth—and the power to take charge of your life. Dr. Joe H. Slate and Carl Llewellyn Weschcke put a unique do-it-yourself spin on hypnosis, teaching you step by step how to conduct your own past-life regression using powerful, scientifically tested methods, such as astral projection and spirit interactions. Fascinating true accounts from Dr. Slate and his subjects highlight the effectiveness of these empowering techniques. —Explore your past and future lives —Delve into life between lifetimes —See how many past lives you have lived —Communicate with departed loved ones —Meet your spirit guides —Discover new spiritual dimensions Once you begin to retrieve your past life experiences, you can apply the lessons learned toward present-day healing, spiritual growth, and enlightenment for the continued evolution of your soul.

Past Lives Unveiled Barry Eaton 2019-04-29 What are soul groups? What is the spirit world? What lies in the mysterious realm of life between lives? Do our past lives really catch up with us in the present? Past Lives Unveiled, the third book in the trilogy written by Barry Eaton, takes a fresh, new look at past lives and reincarnation. It features some highly unusual case studies, including two previously unpublished hypnotic regressions by eminent psychologist, author, and past-life expert Dr. Michael Newton. Two sisters were regressed independently by Dr. Newton and went back to a life in a Stone Age tribe. This book will reveal details of these regressions to the public for the first time. The author also includes details of his own regression by Peter Smith, a past-life expert and president of the Newton Institute. His graphic visitations to ancient Greece and to the United States at the time of the Civil War make for absorbing reading.

Past Lives for Beginners Douglas De Long 2013 Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.

The Power of Past Life Regression Steve Burgess 2020-03-27 Welcome to the exciting world of past life regression! Hypnotherapist Steve Burgess has conducted many thousands of past life regression sessions and this book details some of the incredible healings his clients have experienced as a result of past life therapy. Each of the client's stories is vividly re-told using the words that they spoke whilst in trance in their regression sessions. They paint exciting pictures and describe in detail the events that took place in the past lives, often giving a fascinating insight into life in former times. If you're interested in spiritual issues or in learning more about reincarnation and how our previous lives affect our present life, you'll be fascinated to read the journeys of Steve's clients as they release the traumas of their past lifetimes and achieve wholeness in this life.

The Complete Idiot's Guide to Past Life Regression Michael Hathaway 2003-09-02 A guide to the mysteries of your past... In this fascinating book, a board-certified past life regression therapist goes beyond reincarnation and karma to reveal everything people want to know about the ins and outs of this phenomena. This book covers: € Whether past life regression is for real € What to expect from hypnosis € Whether children are closer to their past lives than adults € How knowledge of past lives can help resolve issues and improve the present

Past Life Regression Mary Lee LaBay 2004-12-10 The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written Past Life Regression: A Guide for Practitioners as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of

disease, addiction, and phobias, as well as a wide range of other life issues.

Children Who Remember Previous Lives Ian Stevenson, M.D. 2016-05-20 This is the revised edition of Dr. Stevenson's 1987 book, summarizing for general readers almost forty years of experience in the study of children who claim to remember previous lives. For many Westerners the idea of reincarnation seems remote and bizarre; it is the author's intent to correct some common misconceptions. New material relating to birthmarks and birth defects, independent replication studies with a critique of criticisms, and recent developments in genetic study are included. The work gives an overview of the history of the belief in and evidence for reincarnation. Representative cases of children, research methods used, analyses of the cases and of variations due to different cultures, and the explanatory value of the idea of reincarnation for some unsolved problems in psychology and medicine are reviewed.

Karma and Reincarnation Elizabeth Clare Prophet 2001 This insightful book helps readers come to grips with the karmic connections from past lives that have helped create the circumstances of their lives today.

Past Lives, Future Lives Bruce Goldberg 1997-10-04 Dr. Bruce Goldberg a prominent hypnotherapist chronicles a practice that has led hundreds of patients on dramatic voyages of self-discovery through not only centuries past but also centuries to come. He discloses here, the rapture and revelation of the soul's migration from life to life. His subjects fathom the workings of Karma, transition between frequencies, "light" beings, and passage through astral and etheric planes. And often, they awake to find their present-day lives transformed. "From the Paperback edition.

Healing with Past Life Therapy Lorraine Flaherty 2013-09-01 Providing evidence to the validity of past lives, this self-help guide delves deeply into past life regression and offers a thorough understanding of each step of the process. Through detailed transcripts of actual sessions, ordinary people speak candidly about their experiences with this form of self-discovery. Confirming that she has gone through the same journey to healing, Lorraine Flaherty incorporates stories of her own past lives to illustrate the ways these insights can aid in clearing away mental clutter, help to form better decisions, cause one to become more empowered, and put one's life on the right path. With a compelling and down-to-earth approach, this remarkable discussion illustrates the ways that any reader—from the idly curious to the serious spiritual seeker—can develop a greater understanding of who they are, where they come from, and where they are going.

Past Lives, Present Miracles Denise Linn 2008-03-01 Miracles can occur in your life, easily and effortlessly. It's simply a matter of remembering who you are—and to do this it's necessary to clear the blockages that stand between you and your soul. Almost all of these obstacles have their roots in your distant past, so it's valuable to travel back in time to release them. However, most of us are so caught up in limiting beliefs about who we are that it's almost impossible to take that journey. In this book, you'll learn how to travel back to your previous incarnations to release buried obstructions so you can create the miracles in your life that you deserve! It's safe, easy, and fun . . . and anyone can do it! You'll learn how to discover your past lives without ever doing a regression, remove limitations regarding your relationships, abundance, and health that came from your past lives, uncover the symptoms of past-life traumas and how to clear them, even if you don't believe in reincarnation, understand the roles that loved ones played in your previous incarnations, find your personal guides, spirit guardians, and angels and receive their help . . . and much, much more!

Five Lives Remembered Dolores Cannon 2009 THE BEGINNING What do you do when you discover information that is before its time? What do you do when your curiosity takes you on an adventure that is so bizarre that there is nothing "normal" to relate to? This is what happened to Dolores Cannon in 1968, long before she began her career as a past-life hypnotherapist and regressionist. Travel back with us to that time when the words "reincarnation, past-lives, regression, walk-ins, New Age" were unknown to the general population. This is the story of two normal people, who accidentally stumbled across past-lives while working with a doctor to help a patient relax. It began so innocently, yet it crossed the boundaries of the imagination to open up an entirely new way of thinking at a time when such a thing was unheard of. It went totally against the belief systems of the time. It was so startling that they should have stopped, but their curiosity demanded that they continue to explore the unorthodox. The experiment changed the participants and everyone involved, and their beliefs would never be the same. Dolores Cannon is now a world-renowned hypnotherapist who has explored thousands of cases in the forty years since 1968, and has written fifteen books about her discoveries. Her books are translated into more than 20 languages. She is teaching her unique form of hypnosis all over the world. When she lectures people ask, "How did you get started on all of this?" This is the story of her beginnings. The book was written in 1980, her very first book. It has laid dormant, gathering dust, until now, waiting. Now is the time for it to come forth. Enjoy the adventure!

The Past Life Perspective Ann Barham 2016-06-07 A unique, insightful, and practical look into the enormous power of past life regression therapy to unlock a healing pathway that can help you resolve enduring personal issues, enrich your life, and answer burning spiritual questions about your purpose on this earth. In this rare and fascinating intimate glimpse at past life regression therapy, licensed therapist Ann Barham invites us into her office as she helps her clients mine their unconscious memories for the key past life experiences that can provide specific guidance for their current situations. No longer simply the stuff of new age practitioners, past life regression therapy is a powerful tool that can improve your understanding of your personal challenges and deepen your connection with the world around you. Barham demystifies this intriguing phenomenon, sharing her client's astounding stories, each a clue to the profound influence the personalities of the past have on our thoughts and actions today. As modern science and technology advance at overwhelming rates, many of us crave the healing insights and feelings of eternal love that survivors of near death experiences frequently report. Through past life therapy, everyday people are able to experience prior lifetimes all the way through their deaths, tapping into abiding spiritual truths and answering essential questions about human existence.

Past Life Regression Kemila Zsange 2015-04-30 A Complete Guidebook on Past Life Regression Hypnotherapy. Past Life Regression can be recreational for some people, a way to satisfy their curiosity. For others this modality has tremendous therapeutic value. Mental, emotional, spiritual and even physical healing can take place in a past life regression session. This book introduces many techniques, and covers them in detail, for how to conduct an effective Past Life Regression session. Kemila shares a lot of her case work as examples. This book is suitable for hypnosis professionals and interested members of the general public. It is full of scripts and reveals detailed step-by-step methods.

Past Lives Atasha Fyfe 2015-01-05 This book introduces the idea that we have multiple lifetimes, and explores how past life awareness can lead to a happier, more meaningful and more fulfilled experience of life in the present. You'll learn about: •how regression works •the secret clues to your past lives that show up in this life •the astonishing cases of children's past life memories •how to find out more about your own past lives •the benefits of past life awareness for improved health, abundance and relationships Hay House Basics is a new series that features world-class experts sharing their knowledge on the topics that matter most for improving your life. If you want to learn a new skill that will enhance your wellbeing, Hay House Basics guarantees practical, targeted wisdom that will give you results!

Past Lives with Pets Shelley A. Kaehr 2020-05-08 This remarkable book explores how our companion animals' distinct personalities and behaviors reveal that they have already lived with and loved us—only in a different life. Featuring amazing stories of people who knew their animals in a past life, whether a dog, cat, horse, guinea pig, or other, Past Lives with Pets strengthens the unique bond with your animals and shows you how to heal from the trauma of losing them. Could your cat have within him the reincarnated soul of your beloved dog? Are your pet's idiosyncrasies so familiar because your pet has played a vital role in your soul's journey? Through past life regression and hypnotherapy case studies, Shelley A. Kaehr helps to confirm that the answer is yes. This entertaining and enlightening book also provides guided imagery practices to help you connect with your own past life experiences and soul lessons for spiritual growth.

Twenty Cases Suggestive of Reincarnation Ian Stevenson 1980 Cases of responsive xenoglossy thus add to the evidence concerning the survival of human personality after death.

Past Life David Mark 2021-11-01 DS Aector McAvoy must face the dark, disturbing secrets of his past if he's to keep his family safe. The clairvoyant is found with her tongue crudely carved out, a shard of blue crystal buried deep within her mangled ribcage. The crime scene plunges DS Aector McAvoy back twelve years, to a case from when he was starting out. An investigation that proved a turning point in his life – but one he's tried desperately to forget. To catch the killer, he must face his past. Face the terrible thing he did. But doing so also means facing the truth about his beloved wife Roisin, and the dark secrets she's keeping have the power to destroy them both completely. David Mark brings Hull to dark, brutal life in this gripping novel in the critically acclaimed DS McAvoy series – a perfect pick for fans of Denise Mina, Val McDermid and Peter Robinson.

Past Lives, Present Stories Judith Marshall 2014-10-08 Discover how flashes from past lives can appear as signs and synchronicities, childhood impressions, dreams and memories, even spontaneous shifts in consciousness or time. Providing time-tested exercises, Past Lives, Present Stories shows how to explore your past lives and use the lessons you've learned to flourish in your present incarnation. Join author Judith Marshall as she takes you through the full range of techniques for exploring your past lives and piecing together information to help you on your path. Providing examples of her own glimpses into her past lives, Judith illustrates how illuminating and healing past-life discovery can be.

Life Before Life Jim B. Tucker, M.D. 2005-09-01 For the past forty years, doctors at the University of Virginia Medical Center have conducted research into young children's reports of past-life memories. Dr. Ian Stevenson, the founder of this work, has always written for a scientific audience. Now, in this provocative and fascinating book, Dr. Jim B. Tucker, a child psychiatrist who currently directs the research, shares these studies with the general public. Life Before Life is a landmark work—one that has the potential to challenge and ultimately change our understandings about life and death. Children who report past-life memories typically begin talking spontaneously about a previous life when they are two to three years old. Some talk about the life of a deceased family member, while others describe the life of a stranger. They may recount details about previous family members, events in the previous life, or the way they died in that life. The children tend to show a strong emotional involvement with the apparent memories and often cry to be taken to the previous family. In many cases, parents have taken their children to the places they named, where they found that an individual had died whose life matched the details given by the child. During the visits, some children have recognized family members or friends from that individual's life. Many children have had birthmarks that matched wounds on the body of the deceased individual. Researchers have studied more than 2500 such cases, and their careful investigations have produced an impressive body of work. JAMA, the Journal of the American Medical Association, stated in a review of one of Dr. Stevenson's scientific books that, "in regard to reincarnation he has painstakingly and unemotionally collected a detailed series of cases . . . in which the evidence is difficult to explain on any other grounds." Life Before Life explores the

various features of this world-wide phenomenon, describing numerous cases along the way. We meet a boy in Michigan who, after being born with three birthmarks that matched wounds on his deceased brother, begins talking about events from the brother's life; a boy in Turkey who gives a number of accurate details, including the name, of a man who lived 500 miles away and died fifty years before the boy was born; and a girl in Sri Lanka who is able to recognize the family members of a deceased stranger as they are presented to her one by one, giving specifics about their lives that she could not have known from their appearance. Dr. Tucker presents this material in a straightforward way, relating extraordinary stories that have been amassed with a scientific approach. He then considers how best to interpret the evidence, and he lets readers reach their own conclusions—which, for many, will be profound.

Many Lives, Many Masters Brian L. Weiss 1988-07-15 Describes the case of a young woman suffering from anxiety attacks, explains how hypnosis revealed her memories of past lives, and discusses the usefulness of regression therapy
Return to Life Jim B. Tucker, M.D. 2013-12-03 Dr. Tucker, in a follow-up to his book *Life Before Life*, explores American cases of young children who report memories of previous lives in the New York Times bestseller, *Return to Life*. A first-person account of Jim Tucker's experiences with a number of extraordinary children with memories of past lives, *Return to Life* focuses mostly on American cases, presenting each family's story and describing his investigation. His goal is to determine what happened—what the child has said, how the parents have reacted, whether the child's statements match the life of a particular deceased person, and whether the child could have learned such information through normal means. Tucker has found cases that provide persuasive evidence that some children do, in fact, possess memories of previous lives. Among others, readers will meet a boy who describes a previous life on a small island. When Tucker takes him to that island, he finds that some details eerily match the boy's statements and some do not. Another boy points to a photograph from the 1930s and says he used to be one of the men in it. Once the laborious efforts to identify that man are successful, many of the child's numerous memories are found to match the details of his life. Soon after his second birthday, a third boy begins expressing memories of being a World War II pilot who is eventually identified. Thought-provoking and captivating, *Return to Life* urges its readers to think about life and death and reincarnation, and reflect about their own consciousness and spirituality.

Guinevere Laurel Phelan 1996 *Life Regression*. When the results pointed to a past life as Queen Guinevere, Laurel traveled back to that life to make peace with the woman she once was.

Reincarnation Eirik Leivsson 2016-03-17 *Discover Remarkable Stories of Past Life Memory! Reincarnation: Just another religious myth, or an actual, real phenomenon?* While such esoteric concepts are near impossible to prove under controlled conditions, there does actually exist compelling evidence which suggests that we do live more than once. "Exceptional Cases of Past Life Memories" takes bits of information from all kinds of obscure sources, including: scientific papers and journals, old documentaries and news articles, as well as numerous radio and TV interviews- and distills it all into a number of concise, easy-to-read stories with clear narratives. During the course of this book, we will explore 13 cases where people remembered moments from another time, another life, another them. Whatever your beliefs may or may not be, one thing is certain: at the end of it all, the idea of many lives will appear more real than ever before. We will take a look at: An Indian boy who claims he got shot, and whose birthmarks match the bullet wounds of his previous body An English boy who is haunted by the echoes of his 1940s German past. A woman whose sexual anxiety is explained through her past life memories A little Finnish girl who swears she used to be a grown man, before she was ran over by a bus. A young girl from Myanmar who claims she's actually her own grandmother. And much more!